

Trinity Trends



Shadows are Lifting from Their Lives



It's been a hard and winding road for many Trinity Center members. One member shared that since losing housing, there has been a lot of bouncing around between friends' couches and even camping.

The day they found Trinity Center was when life changed. Still unhoused, but receiving services like showers, laundry and hardy breakfasts and lunches, life is feeling better and hope is helping to keep the shadows at bay.

Case management services help members move forward and move toward their goals of housing, employment, and wellness.

"It's a great place" says one member from the sunny tree-lined patio at Trinity Center. A volunteer playfully pretends to throw a hot dog at him – a selection from lunch that day.

Smiles that are all too rare when feeling overwhelmed, begin to emerge. It's good to find a place to take a breath.

"Yeah, this is a good place."

"Yeah, this is a good place."

GET INVOLVED!

Contribute to our Member Newsletter or leave a comment on our website - <https://www.trinitycenterwc.org/> or use the QR code

Everyone has a story. We invite you to write and share yours. Contact Pam McGrath for a Story Telling workshop and a fun way to publish your story.
pamm@trinitycenterwc.org



Volunteer Corner



Get out there and vote!

That's the message Trinity Center member and Voter Registration Coordinator Giraciela Escobedo is carrying to the membership of Trinity Center.

It's not new to have a member volunteer, but Escobedo's job is tough – and unique. This opportunity came from funding from the Contra Costa County Clerk-Recorder-Elections Outreach Grant. It's all about providing access to voting for everyone

Escobar is doing a great job letting them know how important their voices are. She is up for the job, especially with the tight presidential election. "That's why I wanted to do this," she says. "There is a lot at stake."

She also reminds members that there are other things to think about "down ballot," including the importance of understanding all the pros and cons of the propositions.

She even organized an informational presentation on Prop.5, which would create more housing for low and middle-income Californians.

"I spent a year staying in a garage," she says. "I don't want that for me or anyone else."

Escobedo says she likes volunteering and helping people, but without Trinity Center, she couldn't do that. So, she took on a job that won't just help members, but millions of others

The Barbers of Trinity

Everyone knows that the Trinity Center offers a lot of opportunities for members, but even buzz cuts?

Sure enough, the center opened its doors to the Urban Barber College of Concord on warm day in September for free haircuts to Center members.

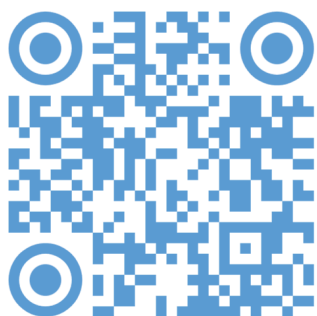
"Trinity Center reached out and we were more than happy to send out members of our 'Street Team' to do the jobs," said Juliet Bernal, a manager at the barbering school. The frequently send out their Team to help other low-income or unhoused individuals. But the service was extremely professional.

Hair stylists garbed in blue aprons set up stations in the Center's conference room, and a row of chairs outside the door was ready for takers. It filled up as soon as the time to cut and style arrived.

"I love the way they cut," said a member.

Her friend agreed, as she wrapped her chest-length hair around her arm. "I don't want it real short, but I sleep in my car, and it gets all tangled. Maybe just shoulder-length."

The barbering school comes to Trinity a few times a year, so if you missed it this time, let your hair grow and let the stylists do their thing next time.



Trinity Center

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